



## 7<sup>th</sup> Gala Dinner and Silent Auction set for Oct. 14

Clínica Amistad cordially invites you to join us in celebrating our 15th year of serving the healthcare needs of the low income, uninsured in southern Arizona. **Our 7th annual Gala Dinner and Silent Auction** will be held at the University of Arizona, Student Union South Ballroom on Sunday, October 14.

Festivities will begin at 5:30 PM, and conclude at 9 PM. The event includes a gourmet dinner, cash bar, raffle and silent auction.

There will be brief remarks, including an update on the clinic's service to the community in 2018. In addition, this is an opportunity for the clinic to honor those who have given so generously with their time, talent and financial contributions. Those being feted include physicians, volunteers and you, our donors.

Individual ticket prices are \$65. The cost for two is \$120. A table of eight costs \$480. The ticket price includes dinner and free raffle ticket. You may

purchase tickets at: <http://buytickets.at/clinicaamistadgaldinner>

As an integral fund-raiser, the gala is intended to raise more than \$20,000.

To date, major sponsorship for the Gala includes Simon Med Imaging, Tucson, as a silver sponsor.

The silent auction includes items such as:

- a two-night stay at **White Stallion Ranch**,
- a stay at **Loews Ventana Canyon** with Sunday brunch,
- a stay at the **Hilton El Conquistador** with breakfast,
- climber package at **Rocks and Ropes**,
- gift certificates to **La Jolla Diamonds and Gems**,
- massages and essential oil sets,
- fine art pieces, jewelry and autographed sports memorabilia.

Overall, there will be approximately 50 items for the silent auction, all given by organizations, companies and individuals. ■



Clínica Amistad's care would not be possible without the assistance from people like you. If you feel moved to help us continue our work, please consider a contribution. You can give securely on-line at Clínica Amistad's website: [clinicaamistad.org/donate](http://clinicaamistad.org/donate).

If you wish to donate by check, please send it directly to:

**Clínica Amistad**  
**PO Box 27284**  
**Tucson, AZ 85726**

## Quinceañera Event this December

Here's your opportunity to visit Clínica Amistad and see in person how your donation helps care for the underserved in southern Arizona.

The event will be our Quinceañera, which in Hispanic culture signifies the clinic's 15th year of service. We will celebrate this December 8th, from 10 AM to 2 PM, at the clinic, 101 W. Irvington, next door to the El Pueblo Public Library.

The anniversary will highlight the

fact that Clínica Amistad has provided primary medical care and associated services for 15 years to people lacking health insurance or the means to get it. And this is being done because of the financial and volunteer help received from people like you, our generous supporters. Through the years, the clinic has helped more than 20,000 people, all at no cost to them.

Included in the festivities will be local public officials, speaking about

the clinic and healthcare in southern Arizona. Remarks will begin at 11 AM.

If you have yet to visit the clinic, this is an opportune time to not only tour the facility, but also to meet the physicians, nurses, staff and volunteers who devote their time and energy to make it all possible. ■

## Two professionals join Clínica staff

In planning for future growth, which necessitates enhancing our efficiency, Clínica Amistad's board of directors voted to increase staff with two new positions: Executive Director and Clinic Manager.

**Nicole Glasner**, a well-known Tucson-based, professional fundraiser, accepted the Executive Director role, beginning in late August. In late June, **Francelia Garcia** was hired as Clinic Manager to work alongside outgoing Clinic Manager Casey McKaughan through May 2019. As Clinic Manager, Francelia brings her many years of experience with other non-profit organizations.

Nicole will spearhead all funding opportunities in this newly created position. Obviously, her work is important to the clinic, both present and future, because individual and organizational financial contributions are the only source of income for the clinic. And the healthcare needs of those in need in southern Arizona continue to grow, which, in turn, increases the clinic's operating budget.

Nicole has been working in Tucson for the past 16 years, with all her work devoted to helping not-for-profit organizations. Her background includes serving the Autism Society of Southern Arizona, the National Conference for Community and Justice, and the Chicago Sinai Congregation.

"I am excited to work with Clínica Amistad. I believe healthcare is a human right," Nicole said. "I am dedicated to using my compassion and professional abilities to help the underserved in our community."

As Clinic Manager, Francelia Garcia will help to insure the quality of care and oversee all clinic operations. She will work with all staff and volunteers to coordinate such care. In addition to supervising paid staff, she will supervise the undergraduate public health interns.

Her background includes volunteer



**Nicole Glasner**  
Executive Director



**Francelia Garcia**  
Clinic Manager

work at the Tucson Veteran's Hospital in patient education, board membership on the Human Rights Committee of the City's Department of Economic Security, and research data work.

"I became interested in the clinic because I like helping people," Francelia said. "I saw the need to work with the underserved. I will also help guide those to the clinic who may not know the many services we provide." ■

## Patient stories illustrate care

Three recent cases illustrate how your caring helps Clínica Amistad care for its patients.

**A 70-year-old man's examination revealed rectal cancer.** Because he couldn't afford Medicare part B, he was reluctant to have further testing. The clinic took over and arranged for a complete workup, including lab tests, GI consultation and subsequent colonoscopy with biopsy. CT and MRI scans detected no spread of the tumor. But, after seeing the colon surgeon, the man declined surgery, chemotherapy or radiation treatment. He decided to try an alternative approach, despite understanding the potential risk of tumor progression. He lost 40 excess pounds, which normalized his blood sugar and blood pressure. He feels well, and there has been no rectal bleeding. However, the clinic physician continues to closely monitor the situation.

**A 49-year-old man was between jobs.** His insurance lapsed, yet he needed a physical examination and chest X-Ray for his next job. Because a previous exam showed a "mass" in

the left anterior chest, the man was quite nervous about his new position. Having little money, he came to the clinic, which enabled him to have another chest exam. This revealed the mass was a fat pad, not a tumor. He and his family were able to move to his new job.

Finally, this newsletter reported several issues ago about a **19-year-old female student who had a large tumor on the left hip**, diagnosed at the clinic in late 2017. Thanks to the clinic's ability to reach out to other providers, she was operated on successfully at Shriners' Hospital, Los Angeles, over a year ago. Now with her replacement hip implant, she can walk and go up stairs with no pain. She is on the road to complete recovery. ■



### LOCATION

El Pueblo Neighborhood Center  
101 W Irvington Road, Bldg 3  
Tucson, AZ 85714  
For appointments call  
**520 305-5107**  
FAX: 520 300-8468

### CORRESPONDENCE

PO Box 27284, Tucson, AZ  
85726-7284

### HOURS OF OPERATION

Wednesday & Thursday: 5- 9PM  
First Saturday of Every Month:  
10AM - 2PM

Clínicaamistadmanager@gmail.com  
www. Clínicaamistad.org

*Se habla español*